Greetings!

As we enter the last quarter of the academic year it is important that we finish strong, refuse to fall behind, and remember self-care. Below are a few helpful suggestions and updates on future events taking place within our community.

In the next month many of us will be graduating and finishing up research or academic projects. The stress that comes with challenging work shouldn’t be ignored. Please remember to make an appointment with your physician if you are experiencing any health-related issues. Also, know that CAPS (Counseling and Psychological Services) is available to anyone with USHIP. You can contact CAPS 24 hours a day at 310-825-0768. Your physical and mental health are priority.

Things to look forward to in the coming months are a musical performance and yard sale put on by the Events Coordinator, Mike Rocchio. These two events will be the last of the 2016-2017 year. The music performance will showcase the talents of our residents and some special guests, some of whom you may know. It is scheduled to take place on May 20th. If you’re interested in performing, please contact Mike at uasraevents@gmail.com. The yard sale will take place at a time many residents are moving out and in. It is a great way to get rid of items that you are no longer using and also an opportunity to purchase a bicycle. The date for this is to be decided.

In other news, it has been brought to the attention of UASRA that some residents have been attempting to reserve certain common areas within our community. Please keep in mind that the only areas available for reservation are the Community Center, Sepulveda Room, and the gazebo (with the barbeque). We do understand the convenience of using the common area nearest to one’s apartment. While using these spaces, you’re encouraged to be courteous to your neighbors, mindful of the space, and the length of time. Reservation cards placed on barbeques, tables, benches, and other communal property are not enforceable and they can only be understood as a suggestion. If a UAS employee sees these reservation cards, they will be removed. There is no recourse, as the UAS handbook states that, “Common and public areas must be maintained for (Continued on page 2)
shared use at all times.” If you wish to reserve any of the areas that are reservable, please contact our new Community Center Coordinator, Jessica Grinsberg, at uasracc@gmail.com.

Lastly, all parenting students that are interested in advocating for more accessible and affordable childcare are encouraged to attend the UASRA General Assembly meeting on April 19th at 7:00 pm in the 3200 Sawtelle Community Center. The Associate Vice-Provost for Student Diversity and Director of AAP, Dr. Alexander, will be paying us a visit to discuss student access to affordable childcare. Dr. A has a long history of advocating the needs of UCLA students. This is a great opportunity to tell him the stories of parenting students as we seek more change in favor of all UCLA students and their families. Please find time to attend this meeting. Childcare and food will be provided for all attendees. If you wish to be more involved regarding this opportunity, please let me know.

Anyone with suggestions, comments, or other desires to contact me, please email me at uasrapresident@gmail.com.

Best,
Andrew Winn
2016-17 UASRA President

Community Events Recapped

Spring Lunch Party at Sepulveda D

At the Spring Lunch Party of Sepulveda Unit D, our neighbors and friends had a great time with lots of family fun! Everyone enjoyed lunch and the kids loved the spring-themed crafts. Wishing you all a wonderful spring season!

Thanks,
Jian Liu
Sepulveda D Representative
Greetings Residents,

I hope everyone is doing well. It has been of topic that residents are finding mildew and mold around the window sills of their apartments. It is recommended to keep your apartment as dry as possible by opening the windows once per day to circulate air. University Apartments state, “To prevent mildew and mold in your home, keep areas dry and moisture free. Leave your bathroom windows/doors open especially after a shower. If you cook a lot with steam, ventilate your kitchen by opening all windows.” Windows that look like they are sweating are a recipe for mildew/mold to grow. An all-purpose cleaner or mildew and mold cleaner will remove any growth you see in your apartment. If you would rather make your own cleaner, you can do that too! Maintenance can also be contacted if you have any concerns by creating a work order via https://hhs.maximo.ucla.edu/maximo/webclient/login/login.jsp?welcome=true. You can also find more useful information here:

**Do-It- Yourself Cleaners**

https://www.realsimple.com/home-organizing/green-living/natural-cleaning-recipes

https://www.smallfootprintfamily.com/green-cleaning-recipes

**Information of mildew/mold prevention**


Happy Spring!

Shanelle Wade
Safety and Health Delegate
The Celebrate a Neighbor portion of our newsletter was created in hopes of shedding light on the positive things happening throughout our community. Each month a resident or resident family that has been nominated by a fellow neighbor will be featured for contributing to the greater good of our community.

For the month of April, the Odei family was nominated for surprising neighbors with St. Patrick’s Day jello cups. The Odei family have been residents of UAS for six years. Bismarck Odei will be graduating from David Geffen School of Medicine this May and will begin a Radiation Oncology residency in North Dakota thereafter. When asked what motivated their giving, Jennifer Odei said, “I feel like people have been so loving and kind to us here throughout the years that any time I can give back, I do.”

You can check out a picture of the St. Patty’s Day treats the Odei family made below.

AND...

we also got word about “Kindness Bandits” that are on the loose at UAS! They have delivered cookies throughout the Sepulveda apartments and left Valentines on random doors. We have proof!

I wonder what they’ll do next....
# Out and About in LA

CHECK OUT THESE FUN EVENTS FOR FAMILIES AND COUPLES AROUND THE CITY. CLICK THE LINKS FOR MORE DETAILS.

<table>
<thead>
<tr>
<th>Event</th>
<th>When</th>
<th>Where</th>
<th>Price/Admission</th>
<th>Website/Link</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Long Beach Grand Prix</strong></td>
<td>April 7-9th</td>
<td>Downtown Long Beach</td>
<td>$32-65</td>
<td><a href="https://gplb.com/weekend-schedule/">https://gplb.com/weekend-schedule/</a></td>
</tr>
<tr>
<td><strong>Harry Potter Roller Skating Night</strong></td>
<td>April 8th</td>
<td>Moonlight Rollerway in Glendale</td>
<td>$5-10</td>
<td><a href="http://moonlightrollerway.com">http://moonlightrollerway.com</a></td>
</tr>
<tr>
<td><strong>Coachella</strong></td>
<td>April 14th-16th;</td>
<td>Empire Polo Club</td>
<td>$399 and up</td>
<td><a href="https://www.coachella.com">https://www.coachella.com</a></td>
</tr>
<tr>
<td></td>
<td>21st-23rd</td>
<td></td>
<td></td>
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<tr>
<td><strong>Earth Day L.A.</strong></td>
<td>April 19th</td>
<td>Grand Park</td>
<td>Free</td>
<td><a href="https://www.musiccenter.org/earthdayla">https://www.musiccenter.org/earthdayla</a></td>
</tr>
<tr>
<td><strong>Dapper Day at Disneyland</strong></td>
<td>April 22nd-23rd</td>
<td>Disneyland</td>
<td>Vary (visit website for more details)</td>
<td><a href="http://dapperday.com/spring-2017-disneyland-ca">http://dapperday.com/spring-2017-disneyland-ca</a></td>
</tr>
</tbody>
</table>

**UCLA Athletics**

Check out the UCLA Athletics calendar for events throughout the month:

CALLING ALL CANDIDATES!

UASRA OFFICERS GENERAL ELECTIONS 2017
Be the voice for your community!

HOW?
Find a full list of positions, stipend (pay) information and application form at:

gsa.asucla.ucla.edu/uasra-elections.html

For election questions email:
uasra.election@gmail.com

ELECTION TIMELINE

CANDIDATES SUBMIT STATEMENTS
Applications due by April 14th at 9:00 pm

KICK-OFF EVENT
April 22nd, 2:30 pm
Community Center and live streamed online!
Short Speeches and question period

VOTING WINDOW
April 22nd after the kick-off event until April 29th at midnight

RESULTS ANNOUNCED
At the General Assembly meeting on May 17th at 7:00pm
and by email following the meeting
Upcoming Events & Classes

You’re Invited!
UASRA GAME NIGHT!!
Thursday, April 6, 2017 6:30-10
University Village Community Center
Poker tournament, and a variety of card and board games!
Come and play some games and get to know your neighbors!
*Refreshments will include snacks, and beverages (adult beverages for those over 21)!

Conversational Spanish Classes 2
Improve your Spanish conversational skills! This class is a continuation of our previous course, basic Spanish knowledge is helpful. This course will equip students with elementary conversational skills. Focus will be given to Spanish pronunciation, vocabulary and basic grammatical patterns.

Tuesdays, 4/11/17-6/13/17, 6:30pm-8pm
@ Sepulveda Resource Room (3281 Sepulveda Blvd Los Angeles, CA 90034)

Email Maricela Becerra mabecerra@ucla.edu to register until 4/02/17. Participants will be selected in a lottery fashion.

All classes are provided by the UASRA and are only for residents 14 and older of UAS. Registration is required. Space is limited.
**Upcoming Events & Classes**

**EXPERIENCE MINDFULNESS & RELAXATION**

**Tuesday morning:** 8:00-9:00am, 05/02/17-06/20/17  
**Friday night:** 7:30-8:30pm, 05/05, 05/26, 06/02, 06/09, 06/16  
Sawtelle Community Center (3200 Sawtelle Blvd)  
**Come on both days, or just on one!**

- Reduce stress reactivity  
- Improve focus, attention, and memory  
- Increase self awareness and body awareness

Meditation (sitting, walking), Guided Imagery, Mindful Awareness, Body Scan, Progressive Muscle Relaxation.

Email Maria Huber at mindfulness.huber@gmail.com to register. Participants will be selected in a lottery fashion. All classes are provided by the UASRA and are only for residents of UAS. Registration is required, space is limited.
Upcoming Events & Classes

Mondays, 04/03/17-06/12/17, 10am-12pm* @ Community Center (3200 Sawtelle Blvd Los Angeles, CA 90066)

This is an active and fun communications class that emphasizes speaking, conversation skills, and vocabulary development for everyday English communication. Email Joan Ruskin @ joanlrg@aol.com to register

*No Classes on 5/29/17, make up classes will be on 5/30/17

All classes are provided by the UASRA and are only for residents of UAS. Registration is required.
Classifieds

PIANO LESSONS

- Conservatory-trained teacher
- Over 25 years of experience
- Works with all ages, including adults
- All levels - beginning to advanced

Preparation of students: Certificate of Merit - students chosen for Branch Honors and State Convention Performances; Bach Festival - winners at Branch and Regional; Southwestern Youth Music Festival

For more information and references contact:
Dr. Alan Oettinger
310-398-1497

Advertise With Us

Email all advertising inquiries to thebearfactsnewsletter@gmail.com.
General Assembly Minutes

UASRA General Assembly Meeting
March 15th, 2017

1. Call to order: 7:15
2. Public Comments: None

3. AC Report:
   - Do not use broiler door under oven for storage for flammable items; it gets extremely hot.
   - Do not leave strollers or other items under the stairs as they are a fire hazard and will be removed.

4. UCPD Report (Officer Briggs):
   Absent

5. UAS Management Report (Lizca reported; Regis is absent):
   - Washing machine maintenance is starting today
   - Still awaiting go on Bruin Card maintenance
   - Sepulveda B garden leak fixed
   - Study Lounge lighting still to be done
   - Laundry air upgrade being looked at
   - Gas bbq problems fixed
   - Gate at Sawtelle A on the docket
   - Lighting in Mentone - needs to be verified as fixed with Todd
   - 3780 door was fixed today (needs to be verified)
   - Garden leaks, Rose BBQ should be fixed in next couple of weeks
   - Wire brushes to be added to all bbqs
   - Compost bins were emptied (Kevin recommended to be done weekly)
   - Hoses installed at all gardens; keys given to Tara; Sawtelle A is still the same
   - Laundry room doors updated for time change

6. General Officer’s Reports:
   - Sawtelle A: Nothing to report
   - Sawtelle B: Nothing to report
   - Sawtelle C: Nothing to report
   - Sawtelle D: Nothing to report
   - Sawtelle E: Had their second event; 20-25 families attended for a movie screening.
   - Sepulveda C: Nothing to report
   - Sepulveda D: Unit event is this Sunday at noon, flyers were distributed.
   - Mentone/Clarington:
     - 3777 was under renovation
     - Contact RC for roommate changes.
   - Rose: Excused
   - Venice/Barry: Nothing to report
   - Keystone: No flyers for class sign up. Event is next Saturday on Urban Gardening.

7. Reports from Board Members:
   - Community Center Coordinator:
     Had a big issue with the website calendar but it seems everything is okay for the time being. Wondering how the CC election is going.
   - Event Coordinator: Oscar party went well. 50-70 people attended. Alcohol was a great addition. Beer and wine will also be at Game Night on April 6th from 6:30-10:00pm.
   - Newsletter: Please have all submissions in by the 25th.
   - Secretary: Major website overhaul. We’ve been piggy backing off of GSA website. Spent the day editing and making it more usable. Seeking feedback on how it looks, what to add/change and will be touching base with Sarah Beach for the resources list. The new website is much more user-friendly in terms of editing.
   - Treasurer: Email was sent for unit events. Make sure you send Tracy your receipts so she can process everything.
   - Vice-President:
     - walkthroughs- if you were around in fall we will do a follow up in April/May to make sure everything is repaired.
     - Elections are gearing up, please keep positions in the back of your head if you’re interested.
     - Regis gave keys to Kevin to pass out for glass cases (the extra keys are in the office in the floppy disc holder).
     - Laundry Flyers were successful; we had 32 residents fill them out. 70% were okay with an hour on each side. We have extras to pass out if you didn’t get them last meeting.
     - Kevin also has display case flyers for both game night and our election. Please collect these.
President:
-Election is gearing up and we’re really hoping for members to run.
-Facebook event has been made and this is where all election discussion should be made.
-March through April 14th we will be accepting Candidate statements. April 22nd will be the question period, April 29th starts election.
-If you have kids, please come and attend our next GA meeting. We have a guest speaker who has a lot of pull at UCLA when it comes to after-hours daycare/affordable daycare.
-UCLA library is also holding a research info session on April 22nd.

Residential Life Advisor Report:
Nothing to report

b. Meeting Adjourned at 8:30pm
Attend our General Assembly Meetings:

The UASRA hosts a monthly General Assembly meeting where we invite UA/S management and the UC Police Department to inform the residents of current issues as well as respond to residents’ questions about the complexes. All residents are invited and encouraged to attend this meeting. Food and childcare are provided free of charge.

The General Assembly is held every 3rd Wednesday of the month except for August and December. The GA takes place in the Community Center, which is located directly across from the pool on the Sawtelle side of University Village (3200 Sawtelle Blvd). Our next monthly meeting will be held on Wednesday, April 19th at 7pm. We hope to see you there.

Useful Numbers and Information:

MAIN OFFICE (LOCATED AT 3200 SAWTELLE): 310-398-4692
General resident inquiries/concerns
Email: uas@ha.ucla.edu

UCPD: 310-825-1491

US POSTAL INSPECTORS: 877-876-2455
Report all package thefts to this 24/7 number

EMERGENCY MAINTENANCE LINE (24/7): (310) 391-0686
During non-business hours report any emergency maintenance issues and all other urgent issues (noise complaints, plumbing issues, lockouts, etc.)

MAINTENANCE REQUESTS (GENERAL, NON- EMERGENCY REQUESTS):
https://hhs.maximo.ucla.edu/maximo/webclient/login/login.jsp/welcome=true
UASRA

Website:  http://gsa.asucla.ucla.edu/uasra.html

Facebook Page:  https://www.facebook.com/groups/UASRA/

Officer Contact Information:  
http://gsa.asucla.ucla.edu/contact-uasra.html

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